



## River City Cheerleading Absence Request Form

Cheerleader Name: \_\_\_\_\_ Team:    JV       Varsity

Date(s) of Absence: \_\_\_\_\_

Reason: \_\_\_\_\_

\_\_\_\_\_

I am requesting my child's absence from practice on the above date(s). I understand that missing mandatory practices places complications and difficulties on the entire team and coaching staff. I also understand that absences may result in my child being removed from some or all, of her choreographed positions in her team routine. I also understand that excessive absences may result in my child being removed from the team.

(See back for absence policy)

All absence requests are required **14 days in advance** with this form.

Parent Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_

# ATTENDANCE POLICY FROM 2018/2019 HANDBOOK

## ATTENDANCE AT GAMES/PERFORMANCES/PRACTICES

- All absences during a game week (basketball and football) must be cleared with the advisor/coach. This rule is made out of courtesy to other members who have not missed a practice and since a formation or stunt may have to be changed due to your absence.
- No member will leave while at any game/performance without the permission of the advisor/coach.
- Usually, all rally performances are a combination of both the JV and Varsity members. Rally performances are mandatory.

## PRACTICES

- Practices will be held anywhere from one to four times per week. The schedule will be set in advance as much as possible but is subject to change with as much notice as possible.
- No stunting will be allowed without a coach present.
- Members, who miss a practice for any reason, will be responsible to obtain the material covered at the missed practice on their own time and not during the next practice time.
- Gum, or sunflower seeds will not be allowed at any time during any cheerleading function.

## ABSENCES/TARDIES

- Squad members are required to attend all practices, games, rallies, performances, etc.
- You must inform the coach, in advance, prior to missing a practice, game, event etc. No Call/No Show will not be tolerated for any reason. No Call/No shows = 2 absences.
- Each member will be allowed three absences, to be used for any reason (including vacation, medical and/or illnesses). These absences must be approved by the coach prior to absence.
- Any absence should be for an appropriate reason: illness, emergency or required school function.
- Excused absences beyond the three allowed, will affect the member's ability to perform at games, rallies and other events.
- Unexcused absences - medical appointment, birthdays, and other events.
- Excessive absences could result in suspension and/or dismissal from the squad.
- Three summer absences =  $\frac{1}{2}$  a game benching, absences during season will result in  $\frac{1}{4}$  game benching.
- Long-term medical issues will be the only exception to this rule (i.e. under doctor's orders). Cheerleaders must continue to attend practices and events if they want to remain on the team and/or return once cleared by doctor. If they are unable to attend they will not be included in the end of season banquet.
- Each squad member will make a commitment to be on time and ready for all functions.
- Tardiness will not be accepted. Extra conditioning or staying after practice may be required.
- Please note that there are no exceptions unless previously cleared by the advisor/coach.